

FamilyFrame Experiential Workshop Agenda

Date: 11/26/2024

Location: 711 Third Ave., 5th Floor, Suite 500, New York, NY 10017

Duration: 5 hours and 30 minutes

Housekeeping – 9:00-9:25am ET

25 Minutes

- Introductions and Agenda overview

Family Engagement – 9:25-10:55am ET

1 hour 30 Minutes

- Activity: What does family mean to you?
- Why Engage Families: Systems thinking and relational technique.
- How to Engage Families: Caregiver and adolescent engagement techniques.

Activity: Family Engagement Role Play – 10:55-11:10am ET

15 Minutes

Vignette Coding Activity – 11:10-11:25am ET

15 Minutes

Family Frame Handbook Overview – 11:25-11:40am ET

15 Minutes

Vignette Coding Activity 2 (time permitting) – 11:40-11:50am ET

10 Minutes

- View vignette and practice coding



Break 45 Minute Lunch – 11:50-12:35pm ET

Inviting Change Techniques – 12:35-1:50pm ET

1 hour 15 Minutes

- Inviting change in meaning techniques.
- Activity: Relational Reframe Practice.
- Inviting change in behavior techniques.

Activity: Inviting Change in Behavior (Family session role play) – 1:50-2:20pm ET

30 Minutes

Vignette Coding Activity – 2:20-2:35pm ET

15 Minutes

Motivational Interventions – 2:35-2:50pm ET

15 Minutes

Activity: Implementation intention and application of techniques – 2:50-3:05pm ET

15 Minutes

Wrap up – 3:05-3:15pm ET

10 Minutes